

Curriculum Vitae, Dr. Qaraaty

In the name of Allah



PERSONAL INFORMATION

Surname: Qaraaty

First name: Marzieh

Date of Birth: 22/12/1979

Place of birth: Amol, Iran

Nationality: Iranian

Marital status: Married

Number and gender of children: 2 daughters

CONTACT INFORMATION

Golestan University of Medical Sciences, School of Medicine, Department of Persian Medicine.

Tel: +98(0)17132451289

Fax: +98(0)17132452225

Cellphone: (+98) 9128027050

Email address: dr.qaraati@goums.ac.ir & gharaaty1387@yahoo.com

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CURRENT STATUS

Assistant Professor

Department of Persian Medicine, School of Medicine, Golestan University of Medical Sciences.
Gorgan, iran

Research interests:

- Treatment of women's diseases whit Persian Medicine
- Life style modification with Persian Medicine
- Maintaining Health with Persian Medicine

Scientific Societies membership:

- Head of the Iranian Traditional Medicine Association, Golestan's Branch

Short courses and workshops:

- Several workshops on Lifestyle modification according to Persian medicine.
- Workshop on Research in JamiTib software.
- Workshop on Fatty live disease- according to Persian Medicine.

Language skills:

- Persian (Fluent)
- English (Inter mediate)
- Arabic (Basic Understanding)

COMPUTER ABILITIES:

- Microsoft office

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Publications:

1. Zahra Ghorbanifar, Omidreza Farahi, **Marzieh Qaraaty***. "**Nutritional treatment of abnormal uterine bleeding in Persian medicine**" "Traditional and Integrative Medicine. 2017, Vol. 2 No. 1.
2. Malihe Tabarraei, **Marzie Qaraaty**, Jale Aliasl. "**The Challenges of Clinical Researches in Iranian Traditional Medicine (ITM)**". Iranian Journal of Medical Sciences. 2016, 41 (3)
3. Mojgan Tansaz, Hajar Memarzadehzavareh, **Marzieh Qaraaty**, Tahereh Eftekhari, Malihe Tabarraei, Mohammad Kamalinejad. "**Menorrhagia Management in Iranian Traditional Medicine**". Journal of Evidence-Based Complementary & Alternative Medicine. 2015: 21(1).
4. Masumeh Mobli, **Marzieh Qaraaty**, Gholamreza Amin, Ismaeil Haririan, Mannan Hajimahmoodi, Roja Rahimi. "**Scientific evaluation of medicinal plants used for the treatment of abnormal uterine bleeding by Avicenna**". Arch Gynecol Obstet (2015) 292:21–35.
5. Hajar Memarzadehzavareh, Mojgan Tansaz, Ghazale Heydarirad, **Marzieh Qaraaty**, Maryam Nikkhajooei. "**The effect punica granatum flower (persian gulnar) syrup on uterine volume and menorrhagia in women with uterine leiomyoma: a case report**".
6. Zohre Feyzabadi, Fatemeh Aliasl, **Marzieh Qaraaty**, Jale Aliasl. "**Effective materia medica in treatment of insomnia in Iranian traditional medicine**". History of Medical journal (Quarterly). 2015, 23 (7): 51- 68
7. **Marzieh Qaraaty**, Seyed Hamid Kamali, Fataneh Hashem Dabaghian, Nafiseh Zafarghandi, Roshanak Mokaberinejad, Masumeh Mobli, Gholamreza Amin, Mohsen Naseri, Mohammad Kamalinejad, Mohsen Amin, Azizeh Ghaseminejad, Seyedeh jihan HosseiniKhabiri, Daryush Talei. "**Effect of myrtle fruit syrup on abnormal uterine bleeding: a randomized double-blind, placebo- controlled pilot study**". DARU Journal of Pharmaceutical Sciences.2014, 22:45.
8. **Marzieh Qaraaty**, Maliheh Tabarraei, Jale Aliasl Mamaghani, Zahra Ghorbanifar, Meisam Latifi. "**The Role of the Iranian Traditional Medicine in the Development of Impoverished Areas in Iran**". Advances in Environmental Biology. 8(6) Special, 2014: 1564-1568.
9. Malihe Tabarraei, Tahere Eftekhari, Esmail Nazem, Alireza Nikbakht Nasrabadi, Nafisehh Zafarghandi, Mohsen Naseri, Mohammad Kamalinejad, **Marzieh Qaraaty***. "**Etiologies of hyper menorrhea (The viewpoints of Traditional Iranian Medicine)**".jiitm. 2013; 4 (1): 25- 34.

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Oral and poster presentations

Title	Journal/ congress	Year & place	Authors
The Role of Traditional Iranian Medicine in Reducing Mental Disorders due to Natural Disasters	6 th International Conference on integrated natural disaster Management	2015 Iran, Mashhad	Marzieh Qaraaty, Maliheh Tabarraï, Jale Aliasl
The role of moods in maintaining health according to Traditional Iranian Medicine	Imamia Medics International 8th International Conference	2015 Iran, Tehran	Marzieh Qaraaty, Jale Aliasl, Maliheh Tabarraï
The Role of the Iranian Traditional Medicine in the Development Impoverished Areas in Iran	4 th regional congress on challenging in the development of underprivileged areas	2014 Iran, Kahnoj	Marzie Qaraaty, Maliheh Tabarraï
Melasma in Traditional Iranian Medicine	13 th Congress of the International Society for Ethnopharmacology	2012 Austria, Graz	Jale Aliasl, Marzieh Qaraaty, Fatemeh Aliasl, Malihe Tabarraï
Affective Plant On Constipation Of The Elderly Person In Traditional Iranian Medicine”	13 th Congress of the International Society for Ethnopharmacology	2012 Austria, Graz	Marzieh Qaraaty, Jale Aliasl, Malihe Tabarraï
Affective Herbal Medicine On Abnormal Uterine Bleeding In Canun On Medicine	13 th Congress of the International Society for Ethnopharmacology	2012 Austria, Graz	Marzieh Qaraaty, Jale Aliasl, Nafiseh Zafarghandi Mohsen Naseri, Mohammad Kamalinejad Malihe Tabarraï
Evaluation protective effect of Urtica dioica,s leaves extract on Beta cell islet langerhance diabetic mellitus rats”	59 th international congress and Annual meeting of the Society for Medicinal Plant and Natural Product Research	2011 Turkey, Antalya	Mansour Keshavarz, Bagher Minaii, Hamidreza Monsef, Marzieh Qaraaty.
Preventive and sanitary measures to avoid sickness in autumn and winter based on Iranian traditional medicine	1 th national student conference on management and new technologies in health sciences, health and environment	2010 Iran, Tehran	Zahra Ghorbanifar, Marzieh Qaraaty
Prevention’s Methods from disease and hygienic controls in	1 th national student conference on	2010 Iran,	Marzieh Qaraaty,

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Title	Journal/ congress	Year & place	Authors
spring and summer in Iranian Traditional medicine's sources.	management and new technologies in health sciences, health and environment	Tehran	Zahra Ghorbanifar,
An overview of the benefits of massage (Dalk) and its variants in traditional medicine	1 th national student conference on management and new technologies in health sciences, health and environment	2010 Iran, Tehran	Malihe Tabarrai. Effat Jafari, Marzieh Qaraaty
Evaluation protective effect Urtica dioicas leaves extract on B cell islet langerhance diabetic mellitus Rat"	3 th International congress on health, environment and natural product	2004 Iran, Mashhad	Marzieh Qaraaty , Bagher Minaii, tayebe rezaiaref