Antibiotic Resistance Patterns and Prevalence of PER and VEB Resistance Genes among Clinical Isolates of ESBL-Producing Acinetobacter Baumannii

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ABSTRACT

Background and Objectives: Acinetobacter species are responsible for a wide range of clinical complications in hospitalized patients. Antimicrobial treatment of clinical strains of Acinetobacter baumannii may be compromised due to multiple-drug resistance to β-lactams. Aim of this study was to determine antibiotic resistance patterns and frequency of PER and VEB genes in A. baumannii isolates from hospitalized patients.

Methods: In this cross-sectional study, 100 clinical strains of A. baumannii were isolated from patients hospitalized in Qom (Iran) using specific culture media and biochemical tests. The disk diffusion method was performed to determine resistance to some antibiotics. Minimum inhibitory concentration (MIC) for cefepime and ceftazidime was evaluated. Identification of ESBL-producing strains and presence of the PER and VEB genes were determined by combined disk test and polymerase chain reaction, respectively.

Results: The isolates were highly resistant against cefixime, ceftriaxone and cefepime. Lowest level of resistance was against polymyxin B. In addition, 70% of the isolates were multi-drug resistant. MIC<128 μg/ml to cefazidime and ceftazidime was observed in 84% and 91% of the strains, respectively. Moreover, 21% of the strains were ESBL-positive and frequency of the PER and VEB genes was 47% and 32%, respectively.

Conclusion: Majority of A. baumannii isolates are highly resistant to the tested antibiotics. Due to presence of the PER and VEB genes in the isolated strains, there is the possibility of resistance spread to other bacteria. Therefore, it is recommended to modify the consumption pattern for antibiotics and pay more attention to standards of nosocomial infection control.

Keywords: Acinetobacter baumannii, Drug resistance, PER, VEB.
INTRODUCTION

*Acinetobacter* is a genus of Gram-negative, aerobic and non-fermentative cocobacilli. These bacteria are important opportunistic pathogens responsible for nosocomial infections. *Acinetobacter baumannii* is one of the main causes of hospital infections (1, 2). Infections caused by this bacterium could be life threatening, particularly in patients who are hospitalized in the intensive care unit of hospitals such as patients with cystic fibrosis, neutropenia, immunodeficiency (3). *A. baumannii* infections in hospitals frequently affects respiratory tract and can cause urinary tract infection, wound infection and septicemia (4). *A. baumannii* colonization is increasing in hospitalized patients, especially in long-term hospitalized patients or those receiving extensive antimicrobial treatment or anti-cancer therapy (3, 5). In recent years, the prevalence of bacterial resistance to common antibiotics has increased worldwide. Antibiotic resistance is considered as a major problem in the treatment and control of infections (6). In addition, numerous studies have reported that the high rate of antibiotic resistance and subsequent increase in prevalence of hospital infections are due to indiscriminate use of antibiotics (7).

The high resistance of *A. baumannii* against antimicrobial agents may be intrinsic or due to genetic exchange of resistance factors. Majority of *A. baumannii* strains are resistant to ampicillin, amoxicillin-clavulanic acid, antistaphylococcal penicillin, expanded-spectrum cephalosporins (except cefazidime and cefepime), tetracycline, macrolides, rifampin and chloramphenicol. The resistance to non-carbapenem β-lactamases is widely accompanied by overproduction of cephalosporinases. The resistance to antimicrobial agents among clinical isolates may complicate the infection treatment process and have detrimental effects on disease outcomes and healthcare costs (8, 9).

Different types of β-lactamases have been identified based on their characteristics and activities (10). Extended-spectrum beta-lactamases (ESBLs) are a group of enzymes that are able to hydrolyze β-lactam antibiotics, including penicillin, expanded-spectrum cephalosporins, fourth-generation cephalosporins (cefpime) and aztreonam (11).

Most enzymes initially identified in 1980 were SHV and TEM. In addition to the main families, new families of ESBLs including PER, VEB, BEL, TLA, GES and BES have emerged globally (12). β-lactamase production is known as the most important cause of resistance to β-lactam antibiotics (10). In fact, the rapid transmission and dissemination of these enzymes have increased the prevalence of nosocomial infections. This study aimed at phenotypic investigation of ESBLs and molecular identification of *PER* and *VEB* resistance genes in *A. baumannii* isolates.

MATERIAL AND METHODS

In this study, 100 clinical samples from blood, urine, skin, wound, tracheal secretion and the respiratory tract were collected from hospitals in Qom province (Iran) between 2014 and 2015. MacConkey agar and Blood agar (Merck, Germany) were used for the primary isolation of bacteria. Bacteria were identified based on morphology (colony shape and Gram-reaction) and conventional biochemical tests including TSI, urease, SIM, MR/VP, OF, oxidase, catalase and etc. (Merck, Germany) (13).

Antimicrobial susceptibility test was done on Mueller–Hinton agar (Merck, Germany) using the disc-diffusion method, according to the manufacturer’s instructions and Clinical and Laboratory Standards Institute (CLSI) guidelines. Eighteen antibiotics discs (MAST Diagnostic Co., UK) were used in the study including ampicillin-sulbactam (AS30), ceftazidime (CRO30), amikacin (AK30), imipenem (IPM10), cefepime (FEP30), gentamicin (GM10), meropenem (MEM10), Cotrimoxazole (BA25), ciprofloxacin (CIP4), levofloxacin (LVX5), colistin (CO10), cefpodoxime (CPD10), ceftizoxime (CL30), cefixime (CFM3), ticarcillin (TC75), aztreonam (ATM30), Cefazidime (CAZ30) and polymyxin B (PB300). Standard strains of *E. coli* ATCC 25922 and *Acinetobacter baumannii* ATCC 19606 were used as negative control and positive control, respectively (14). Minimal inhibitory concentrations (MICs) for cefpime and cefazidime were determined using the serial dilution method according to CLSI guidelines (15). Combined disk

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test (CDT) was performed on Mueller–Hinton agar plates (Merck, Germany) to evaluate production of ESBLs. Isolated strains were screened for susceptibility to a panel of four antibiotic discs viz: ceftazidime, cefotaxime, ceftazidime + clavulanic acid and cefotaxime + clavulanic acid. After 24 hours of incubation at 37 °C, growth inhibition zone around the disk containing a combination of ceftazidime/cefotaxime and clavulanic acid was compared with the zone around the disk containing ceftazidime/cefotaxime alone. Inhibition zone diameter of > 5 mm or 50% (according to the manufacturer’s guidelines) indicated ESBL production (15, 16).

Genomic DNA of the isolates was extracted by boiling method. The PER and VEB ESBL genes were amplified using universal primers (CinnaGene, Iran) (Table 1) (17). The PCR reaction was performed in a final volume of 25 μL containing 9 μL Master Mix (CinnaGene, Iran) (Table 1) (15).

### RESULTS

Among the 100 clinical samples, 50 isolates were identified as *Acinetobacter* species. In addition, 36 samples (72%) were identified as *A. baumannii*, nine samples (18%) as *A. Iwoffii* and five samples (10%) as other *Acinetobacter* species. All *A. baumannii* strains were resistant to cefixime, ceftriaxone and cefepime. The lowest rate of resistance was observed against polymyxin B (11%).

Moreover, 18% of *A. baumannii* isolates were only resistant to one antibiotic. Furthermore, 12% of the *A. baumannii* isolates were resistant to two antibiotics, while 70% of the isolates were resistant to three or more (Table 2). The MIC against ceftazidime and cefepime was <128 μg/ml in 84% and 91% of strains, respectively. According to the results of CDT, 21% of the strains produced ESBL (Figure 1).

### Table 1- The sequence of primers, annealing temperatures and expected PCR product sizes

<table>
<thead>
<tr>
<th>Primer</th>
<th>Primer sequences</th>
<th>Annealing temperature</th>
<th>Product size (bp)</th>
</tr>
</thead>
<tbody>
<tr>
<td>VEB-F</td>
<td>5'-GAAACAACATTTGACGATTGA-3'</td>
<td>52°C</td>
<td>370</td>
</tr>
<tr>
<td>VEB-R</td>
<td>5'-CCCCTTTATGAGCAAACAA-3'</td>
<td>52°C</td>
<td>370</td>
</tr>
<tr>
<td>PER-F</td>
<td>5'-ATGAAATGTCATTTAAAGGC-3'</td>
<td>48°C</td>
<td>925</td>
</tr>
<tr>
<td>PER-R</td>
<td>5'-AATTGGGCTTAGGGCAGAA-3'</td>
<td>48°C</td>
<td>925</td>
</tr>
</tbody>
</table>

### Table 2- Antibiotic resistance patterns of *A. baumannii* isolates

<table>
<thead>
<tr>
<th>Antibiotic</th>
<th>Abbreviation</th>
<th>Resistance (%)</th>
<th>Antibiotic</th>
<th>Abbreviation</th>
<th>Resistance (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cefepoxide</td>
<td>CPD</td>
<td>98</td>
<td>Co-Trimixazole</td>
<td>BA</td>
<td>75</td>
</tr>
<tr>
<td>Cefotaxime</td>
<td>CL</td>
<td>92</td>
<td>Gentamicin</td>
<td>GM</td>
<td>78</td>
</tr>
<tr>
<td>Ceftriaxone</td>
<td>CFM</td>
<td>100</td>
<td>Ciprofloxacin</td>
<td>CIP</td>
<td>80</td>
</tr>
<tr>
<td>Ticarcillin</td>
<td>TC</td>
<td>85</td>
<td>Levofoxacin</td>
<td>LVX</td>
<td>84</td>
</tr>
<tr>
<td>Aztreonam</td>
<td>ATM</td>
<td>95</td>
<td>Meropenem</td>
<td>MEM</td>
<td>91</td>
</tr>
<tr>
<td>Ceftriaxone</td>
<td>CRO</td>
<td>100</td>
<td>Imipenem</td>
<td>IPM</td>
<td>94</td>
</tr>
<tr>
<td>Cefazidime</td>
<td>CAZ</td>
<td>97</td>
<td>Ampicillin-sulbactam</td>
<td>AS</td>
<td>45</td>
</tr>
<tr>
<td>Amikacin</td>
<td>AK</td>
<td>92</td>
<td>Colistin</td>
<td>CO</td>
<td>16</td>
</tr>
<tr>
<td>Cefepime</td>
<td>FEP</td>
<td>100</td>
<td>Polymyxin B</td>
<td>PB</td>
<td>11</td>
</tr>
</tbody>
</table>
Results of sequencing for VEB and PER were reported as Veb:kx349205 and Per:kx349204, respectively.

The rate of antibiotic resistance for most isolates is in agreement with the results obtained by Perez et al. and Begum et al. (20, 21). Similar to studies of Daly et al. (22) and Kamalbeik et al. (23), we found that most isolates were resistant to ceftazidime and cefepime. We also found that 84% of the strains had MIC of <128 µg/ml for ceftazidime, while study of Shahcheraghi et al. (24) reported that 83.1% of isolates had MIC of >64 µg/ml. Regarding the MIC value for ceftazidime, our results are similar to the results of some studies conducted in Korea and Taiwan (25). In this study, 23% of A. baumannii strains produced ESBL. This findings is in line with findings of Sinha et al. (26) and Shahcheraghi et al. (24). We also found that 47% of A. baumannii isolates contained the PER gene. However, studies conducted by Kim et al. (27) and Farajnia et al. (28) reported the frequency of PER gene as 78.6% and 51%, respectively. In the present study, frequency of the VEB gene was 32% in A. baumannii isolates. Different
results have been reported in studies conducted by Farajnia et al. (10%) (28), Pasteran et al. (47.61%) (29) and Poirel et al. (66%) (30). This difference could be due to the type of samples and antibiotic disk, concentration of antibiotics, geographical location and test conditions.

CONCLUSION
The increased resistance to expanded-spectrum cephalosporins is of great clinical importance, especially for hospitalized patients. Identification of patients infected with ESBL-producing bacteria, appropriate selection of antibiotics, identification of β-lactamase-producing strains and preventing the spread of resistant bacteria in hospitals could help eliminate this problem.

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CONFLICT OF INTEREST
There is no conflict of interest.

REFERENCES


