Original Paper

Comparison of head and shoulder posture in blind, deaf and ordinary pupils

Aali Sh (MSc)*1, Daneshmandi H (PhD)2, Norasteh AA (PhD)2, Rezazadeh F (MSc)1

1PhD Candidate in Corrective Exercise and Sport Injury, Kharazmi University, Tehran, Iran. 2Associate Professor, Department of Sport Injury and Corrective Exercise, Faculty of Physical Education and Sport Science, Guilan University, Rasht, Iran.

Abstract

Background and Objective: Proprioceptive, vestibular and visual senses control human movements. This study was carried out to compare the posture of head and shoulder in blind, deaf and ordinary pupils.

Materials and Methods: This descriptive and analytic study was done on 16 blind, 30 deaf and 60 ordinary pupils in Ardabil city, North-west of Iran. Sagital and frontal planes Photos for each child was used for determination of head and shoulder deviation.

Results: Forward head in blind group significantly was lower than deaf and ordinary pupils (P<0.05). Rounded shoulder in blind and deaf pupils significantly was lower than ordinary pupils (P<0.05). Uneven shoulders in deaf pupils significantly was lower than ordinary and blind children (P<0.05). Lateral flexion of the head in blind and deaf pupils significantly was higher than ordinary children (P<0.05).

Conclusion: There is a relationship between sensory impairment and postural problems particularly in blindness Pupils.

Keywords: Forward head, Uneven shoulder, Rounded shoulder, Extended head, Blind, Deaf

*Corresponding Author: Aali Sh (MSc), E-mail: Shirin.aali@yahoo.com

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