Original Paper

Effectiveness of rhythmic games on social skills of children with attention deficit hyperactive disorder

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Abstract

Background and Objective: Attention deficit hyperactive disorder (ADHD) is commonest psychological disorders in children. This study was done to evaluate the effectiveness of rhythmic games on social skills of children with ADHD.

Methods: In this quasi-experimental study with pretest, post test and follow up with control group, 30 boys student with ADHD were non-randomly divided into the two groups. Conners rating scale and social skills checklist were used.

Results: Social skills significantly increased in ADHD students and this effectiveness continued in follow up stage (P<0.05).

Conclusion: Play therapy is effective on social skills of children with ADHD.

Keywords: Attention deficit hyperactive disorder, Social skills, Rhythmic games

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