The comparison therapeutic effect of Naltrexone and Flouxetine on Obsessive-Compulsive Disorder (O.C.D)
A clinical trial study

Abbas Masoudzadeh (MD)*1, Mitra Mahmoudi (MD)2, Armita Saljoughian (MD)3

1 Assistant Professor, Department of Psychiatry Behavioral & Psychiatry Sciences Research Center, Mazandaran University of Medical Sciences, Sari, Iran. 2 Assistant Professor, Department of Pharmacology, Mazandaran University of Medical Sciences, Sari, Iran. 3 Psychiatrist, Psychiatry & Behavioral Sciences Research Center, Mazandaran University of Medical Sciences, Sari, Iran.

Abstract

Background & Objective: In spite of high prevalence of the Obsessive-Compulsive Disorder in anxiety diseases. It shows the least therapeutic responses. This study was done to determine The comparison of therapeutic effect of Naltrexone and Flouxetine on Obsessive-Compulsive Disorder (O.C.D).

Materials & Methods: This double-blind clinical trial study was done on 30 patients aged 18 to 60 years referring to the clinics of psychiatry at Zareh hospital in Sari-Iran during 2006. Patients in three groups, treated with flouxetine 53.9mg/d (group A); Naltrexone 64.4mg/d (groupe B) & Pelacebo (group C) in the same shape capsula respectively. The severity of O.C.D was evaluated at 4 steps with Yale-Brown scale.the obtained data were analyzed using parametric & nonparametric tests.

Results: Naltrexone reduced the severity of O.C.D symptoms significantly (45.01%) at the end of week 8th (p<0.05). Same result (45.81%) was observed using Flouxetine (P=0.79). The rate of efficacy in both drugs significantly was higher than pelacebo (P<0.05).

Conclusion: This study showed that, Naltrexone has the same level of reducting symptome of OCD but even with faster therapeutic effect than Flouxtin.

Key Words: O.C.D, Naltrexone, Flouxetine, Yale-Brown Scale of O.C.D (YBOCS)

* Corresponding Author: Abbas Masoudzadeh (MD), E-mail : masoudzadeh@yahoo.com